



WOODLANDS FC

The home of girls football



Covid-19 Self-Assessment

All players, officials, volunteers and spectators must undergo a self-assessment for any Covid-19 symptoms.

This should be undertaken before every training session or match.

No-one should leave home to participate in football if they, or someone they live with, has any of the following:

- A high temperature (above 37.8°C)
- A new, continuous cough
- A loss of, or change to, their sense of smell or taste

Should any individual have any of the above symptoms, they must not participate, and follow NHS guidance at:

<https://111.nhs.uk/service/COVID-19/>