



WOODLANDS FC

The home of girls football




Woodlands FC Covid-19 Risk Assessment

| Event or Activity | | People Affected: | Numbers: | This risk assessment: | |
|-------------------|---|-----------------------|------------------|-----------------------|-----------------|
| Date | Training / Matches Monday to Sunday | Staff/volunteers | Approx. 30 | Completed by: | WFC Committee |
| Time | Various | Visitors/public | N/A | Date: | 29/07/2020 |
| Location | Woodlands School / Rolls Royce / Borrowash Vics / Darley Fields / Alvaston Park | Children/young people | Approx. 160 | Review date: | |
| | | Other | Adult players 30 | Covid Officer | Claire Paterson |

| What are the significant hazards? | Who might be harmed and how? | Control measures | Risk Score | | | Actions | | |
|--|--|--|------------|-------------|------------|--|-----------|------------------------------|
| | | | Impact | Probability | Imp x Prob | What | Who | When |
| An infected player, coaches, official or spectator attends training or a match, putting others at risk | Players, coaches, officials, spectators, and the wider community. | <ul style="list-style-type: none"> Players, coaches, officials and spectators should undertake a self-assessment for any symptoms. Supporters, parents, and other spectators should remain socially distanced whilst attending events. Spectator groups must be restricted to discrete six-person gathering limits and spread out, in line with wider Government guidance, ensuring space for officials, coaches and substitutes | 4 | 2 | | Self-assessment form distributed to all. | | |
| Training sessions that do not meet FA Covid-19 guidance (18 th July 2020) | Players/Coaches Insufficient space to train safely Training sessions that do not | <ul style="list-style-type: none"> Groups of 30 maximum – including coach Planned sessions to ensure that activities respect social distancing. Training areas allocated to specific teams. | | | | Appointment of Covid-19 Officer Details of all participants at training sessions must be recorded | Committee | Week of 8 th June |

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| | <p>respect social distancing</p> <p>Players/coaches that do not respect social distancing</p> | <ul style="list-style-type: none"> • Specific area for players to leave bag/water bottle. • Names on water bottles (no sharing of water bottles) • Players reminded of social distancing at the beginning of each session. • Players encouraged to not touch the ball with hands (sessions should limit use of throw in's) • Goalkeepers should use their own gloves and ensure that these have been thoroughly cleaned before, during and after sessions, along with all other hand hygiene advice • No bibs to be used. • Players or parents to ensure shoelaces are tied (not by coaches) • Hand-Gel available throughout the sessions. • Parents asked to maintain social distancing, but should remain in sight of the session. | 4 | 2 | 8 | <p>and kept for 21 days, if required by test and trace.</p> <p>Pre-booking of places to ensure numbers are manageable,</p> <p>Additional consent form from parent.</p> <p>Instructions for Parents, Players and Coaches.</p> <p>Briefing for coaches</p> <p>Purchase of:</p> <ul style="list-style-type: none"> • Anti bac spray • Paper towels • Sanitiser | | |
| Matches that do not meet FA Covid-19 guidance | Players/Coaches Risk of infection if control measures not respected | <ul style="list-style-type: none"> • Pre-match handshake should not happen. Instead players will be asked to hand-sanitise before kick-off; • Team talk huddles should not take place. Team talks can take place, as long as social distancing is observed and held outdoors where possible; • Warm-ups/cool-downs should always observe social distancing; • Coaches, other team staff and substitutes are allowed, but must also always observe social distancing on touchlines/dug-outs. Social-distancing must also be observed during interactions when a substitution is being made; | 4 | 2 | 8 | <p>Appointment of Covid-19 Officer</p> <p>Instructions for Parents, Players and Coaches.</p> <p>Briefing for coaches before every fixture.</p> <p>Details of all participants at matches must be recorded and kept for 21 days, if required by test and trace.</p> | | |

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| | <ul style="list-style-type: none">• Match preparation meetings by officials should be held by video call;• Set plays – free kicks: referees and coaches should encourage players to get on with the game and not unnecessarily prolong set play set-up, such as defensive walls;• Set plays – corners should also be taken promptly to limit prolonged close marking and goal posts should be wiped down before matches, after matches and at half time.• Goal celebrations should be avoided;• Interactions with referees and match assistants should only happen with players observing social distancing;• Youth football coaches are encouraged to limit persistent close proximity of participants during match play (where young participants may be more likely to cluster around the ball) and provide regular hygiene breaks in activity.• Ball transfer - When the ball goes out of play it should not be retrieved by non-participants and should be retrieved using the feet rather than the hands where possible. Where there are breaks in the game, or training, if throw-ins or handling has occurred the ball should be disinfected.• Shouting Players should avoid shouting or raising their voices when facing each other during, before and after games.• Spitting Everyone should refrain from spitting. If you need to sneeze or cough, you are encouraged to do so into a tissue or upper sleeve and advised to avoid touching• Kit Participants should take their kit home to wash it themselves• Supporters, parents, and other spectators should remain socially | | | | | |
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| | | distanced whilst attending events. Spectator groups must be restricted to discrete six-person gathering limits and spread out, in line with wider Government guidance, ensuring space for officials, coaches and substitutes | | | | | | |
| Equipment that might become a source of infection | Players Coaches | <ul style="list-style-type: none"> • Training equipment – cleaned after every session. • Coaches use their own equipment only. • Players do not put any equipment away – responsibility of coaches • Minimise swapping of balls during sessions. • Players encouraged to clean boots before every session | 4 | 2 | 8 | <p>Instructions for Parents, Players and Coaches.</p> <p>Briefing for coaches</p> <p>Purchase of:</p> <ul style="list-style-type: none"> • Anti bac spray • Paper towels Sanitiser | Coaches | |
| Provision of First Aid becoming an infection risk | Players Coaches | <ul style="list-style-type: none"> • Parent/carers should administer First Aid where possible. • First aiders are provided with facemasks and gloves. <p>Anyone who is administering any form of treatment, should keep a record of each participant they have come into contact with for NHS test and trace purposes.</p> | 4 | 2 | 8 | <p>Instructions for Parents, Players and Coaches.</p> <p>Purchase of:</p> <ul style="list-style-type: none"> • Face Masks • Gloves • Sanitiser | | |
| Safeguarding procedures are compromised | Players Coaches | <ul style="list-style-type: none"> • Rota of coaches to ensure sufficient numbers to meet existing FA requirements and social distancing requirements. | 4 | 2 | 8 | <p>Completion of rota</p> <p>Briefing for coaches</p> | | |
| Facilities becoming an infection risk | Players Coaches | <p>Use of changing rooms should be avoided if at all possible.</p> <p>Where possible, players, match officials and coaches must arrive changed and shower at home</p> <p>If access to toilets, hot water and soap checked at every session.</p> <p>Managed social distanced queuing system for toilets if available.</p> | 4 | 2 | 8 | <p>Nominated person to supervise and clean premises on rota for toilet attendant etc.</p> <p>Additional actions required if kitchen to be used, including: Rota</p> | | |

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| | | <p>High contact Hard surfaces – door handles, light switches, etc to be wiped frequently. If access to Kitchen allowed: (Borrowash) Kitchen access limited to one volunteer to access equipment.</p> <ul style="list-style-type: none"> • Refreshments offered outside. • Use of gloves/masks • Encourage use of Contactless payments • Use of takeaway cups | | | | <p>Specific instructions Purchase of safety equipment Purchase of contactless device</p> | | |
| Reputational Risk | <p>Local residents unhappy with football resuming in their local park.</p> <p>Local Authority do not grant permission or express concerns.</p> | <ul style="list-style-type: none"> • Consider a return to staggered sessions if numbers need to be minimised. • Clear guidance for all parents on the control measures and expectations • Prepare extensive risk assessment to provide reassurance that all reasonable measures are being taken. | 4 | 2 | 8 | <p>Check with Local Authority</p> <p>If necessary:</p> <ul style="list-style-type: none"> • Consider alternative training locations. • Consider not training at this stage. | | |
| Legal/technical risks | <p>Players Coaches</p> | <ul style="list-style-type: none"> • Insurance policy through FA needs to cover training under new environment. • Avoid car sharing for parents/carers/players beyond the normal members of the household group). If car-sharing has to occur, they should try to: • Share the transport with the same people each time; • Keep to small groups of people at any one time; • Open windows for ventilation; • Face away from each other; • Clean the car between journeys using standard cleaning products – including door handles and other areas that people may touch; • Ask the driver and all passengers to wear a face covering; • Consider seating arrangements to maximise distance between people in the | 4 | 2 | 8 | <p>Check guidance with FA</p> <p>Instructions for Parents, Players and Coaches.</p> | | |

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| | | <p>vehicle - this may mean using more than one coach or minibus if possible, and the wearing of face coverings on coaches or minibuses;</p> <ul style="list-style-type: none"> • Require regular hand sanitisation by passengers on a coach or minibus; • Limit the time spent at garages, petrol stations and motorway services; • Keep distance from other people and if possible, pay by contactless; • Wash hands for at least 20 seconds or sanitise hands often, and always when exiting or re-entering the vehicle; • When finishing the journey participants should wash their hands for at least 20 seconds or sanitise their hands as soon as possible. | | | | | |
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Key for completing the Risk Score Columns:

| Impact | | |
|--------|-----------|---|
| 1 | Nil | No risk of injury or disease |
| 2 | Slight | Causing minor injury or disease |
| 3 | Moderate | Causing injury or disease - > 3 days off work |
| 4 | High | Causing death or major injury – defined by RIDDOR |
| 5 | Very High | Causing multiple death or widespread destruction |

| Probability | | |
|-------------|-----------------|--|
| 1 | Highly Unlikely | Not expected to happen even in the event of unexpected circumstances |
| 2 | Unlikely | Not expected to occur but could in exceptional circumstances |
| 3 | Possible | Additional factors could precipitate an occurrence but unlikely without such factors |
| 4 | Likely | Probable to occur at regular and frequent intervals if additional control measures are not taken |
| 5 | Very Likely | Virtually certain to occur if additional control measures are not taken |

| Risk Score (Impact x Probability) | | |
|-----------------------------------|----------|---|
| 20 to 25 | High | STOP the work / task until additional control measures are implemented. Inform your line manager. |
| 10 to 19 | Medium | Action is required to reduce risks. Discuss with your line manager to decide whether additional control measures should be implemented before proceeding with activity. |
| 6 to 9 | Low | Record, monitor and review to establish whether additional controls may be required. |
| 1 to 5 | Very low | No action required, other than to record and monitor. |